

## The Evolution of Eight Life-Designations of Self-Empowerment Consciousness

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The human need for identity and purpose in life serve as intrinsic motivators of our conscious and subconscious minds. Everyone must communicate, journey through relationships, and attain measurable fulfillment.

The evolutionary path of identity and purpose remains unfulfilled for many. The onslaught of challenges in one's life present many roadblocks, obstacles, and with them, tangents for withdrawal and denial. Daily, we are required to confront and forge forward in life, in most cases, without the understanding and the tools to do so properly, effectively, and simply.

The mechanisms of Self-Empowerment Consciousness constantly propel us toward resolution. Hidden within the blueprint of our DNA, is the knowledge of this self-fulfilling path: an evolution. It enables the individual millions of opportunities to explore new horizons, get out of the box, experiment, and attain life sustaining knowledge—the way it was meant to be.

Each of us has an inherent capacity for goodness and attaining knowledge. There are no exceptions to this Universal Laws of self-actualization and self-realization. We are intrinsically motivated towards our attainment of our own highest good and that of the community, as well. The work and teaching of J. Krisnamurti, Depak Chopra, and Andrew Weil are but a few of the modern day advocates who have sparked us to explore the inner-healing mind. Are you ready to look inside?

Today, more people are focusing on becoming spiritually evolved. The term that I prefer to use when describing that process is called "Inner work". Inner work simply means purifying. When one undergoes any aspect of purification, one has to withstand the shaking up process of ridding discomforting thoughts, explore the inner world of buried fears, doubts, and hesitations. Most of us, however, do not have the proper tools to explore these regions of uncertainty. Resolution can only be attained by confronting each discomfort and trusting yourself in the process.

The steps of evolution within this journey follow a path of purification which is the foundation of self-empowerment and self-mastery. With the advent of cyberspace, people are searching more

for answers that they can understand. The irony, however, is that the answers are not out there, rather, they are within. We've arrived at a "breaking away consciousness" and exploring our "Inner Being." The Evolution has been illuminated. I shall propose the exploration of the *Evolution of Eight Life-Designations*—a process that's realistic, safe, and workable.

From your childhood to adulthood, you usually grasped the early influences of the Life-Designations as social conditioning and morales that surrounded your freedom. As your freedom of expression was squeezed and imagination curtailed, the intrinsic forces brew and become turbulent. Well within your inner-psyche—the etheric blueprint of your DNA—the code of enlightenment begins to reveal itself. The path unrolls, and the evolution begins: from awakening awareness of life inhibitions to genetic activation; from emotional releasing to physical cleansing; from the reevaluation of every relationship for self-love; from personal peace and a compassionate heart; the achievement of freedom; and thence to the awakening into your higher state of being: divination.

### First Life-Designation, Awakening Awareness—

This simply means conscious change. Whether gradually or subtly, Awakening Awareness is an inner passion to become self-aware of who you really are. It's when the feelings of self-satisfaction, "feeling your oaks," so to speak, occurs. It's an event that once initiated, accelerates the life-long learning process of becoming free into motion. A yearning for your true identity and purpose brews and challenges you relentlessly.

Another term for Awakening Awareness is vision quest, but less dramatic. Is it a call from God, or a frustrated life with unfulfilled dreams? In either case, you hear a voice guiding you to new grounds, new horizons, and new activities. You may be a seeker or a searcher, but one thing is for certain, you are intrinsically curious to find your true-Self, whatever that means to you.

How do you know if you are in a awakening awareness state? Simply sense your personal environment. Are you happy? Healthy? Are you at peace with yourself? Do you feel connected to God? Or to Earth? Do you feel free? After contemplating on these questions, you'll know.

The beauty of being in an awakening awareness state predicates itself on a “breaking away” mode from the norm, from mediocrity, and from social conditioning. It is a state of consciousness that, if you will, knows no rest, for it is constantly expanding—keeping you in a flux of change. You’ll know it because it pulls you away from the past while curtailing the future. In an way, you are being aligned into living-in-the-moment.”

Millions of people are experiencing Awakening awareness. It’s an unfoldment, stimulated by great books, philosophers, movies, music, children, and of course, funerals. Living in an awakening awareness state does not affirm an easier life-state, rather a higher probability of temporal discomfort. This occurs because you now have the opportunity to experience change, and your “Comfort Zone” will be shattered! And so will many of your relationships. Awakening awareness is a time of change, a lift-off to higher ground, a shake-up, if you will. There’s no turning back, because your Soul has prepared a most awesome strategy for you to undertake.

Awakening awareness is a stage of life that prepares you to better accept and sustain your Spiritual composition on this Earth Plane. As one can easily see, a newborn exemplifies a divine state of existence. We love them because they are pure and innocent, and directly from Heaven. Adults never lost that precious gift, however, they have forgotten to remember or believe our divine inheritance. Returning “home” could simply mean, remember our origins.

The EVOLUTION of Eight Life-Designations begins with awakening awareness. This first life-designation lays the foundation and confidence to commit to internal change. Your Soul has something planned for you every day of the year. How and when one initiates awakening awareness sleeps quietly in the subconscious until ignited. From that precise moment, the EVOLUTION unfolds and walking the journey begins. THERE IS NO TURNING BACK. Awakening awareness continues systematically throughout the other Life-Designations that follow.

### **Second Life-Designation—Genetic Activation**

Performing a DNA Activation or another form of genetic awakening marks the Second Life-Designation. It is within this most celebrated moment that you declare yourself the Spirit-Child, the Divine Spark of the Immaculate Heart. Once activated, the Holy Grail, so to speak, is found and

realized. Every aspect of “Self” and “society’s conditioning” are brought before you to discern. It’s time to use “Free Will and Choice” as it was originally designed.

### **Third Life-Designation—Emotional & Mental Purging**

As the unfoldment progresses, a major purge of emotional and mental blocks occurs within the Third Life-Designation. Each of us can easily identify mental scripts of fear, doubt, and hesitation from an onslaught of traumatic eventful experiences. These mental and emotional scripts play havoc to our health, as do believe systems, which house self-destructive behaviors. They all must go; no longer are they warranted or desired.

### **Fourth Life-Designation—Physical Cleansing**

The physical body, to maintain proper health, must be purified at the cellular level. Simultaneously to emotional and mental cleansing, the body rapidly begins to detoxify. Lack of cellular energy and waste create disease. The body’s lymphatic system works vigorously to cleans the body. This includes emotional garbage. Each time we fail to be accountable for what we can ourselves heal in our bodies, we become dependent on external cures. The Fourth Life Designation reverses this self-destructive syndrome. This process continues for months, even years until the human body once again enjoys rejuvenation.

### **Fifth Life-Designation—Relationships & Social Interactions**

Relationships and other social interactions govern your *Fifth Life-Designation*. After emotional purging and detoxifying, your consciousness reexamines all your relationships. Starting with your mates, children, friends, and work associates. A very intrinsic process occurs in this life-designation that broaches the very core belief system you have including: religious, social, institutional, and even moral aspects of your human nature.

This purification process forces you to look deeply within, examines your happiness and demands that you confront that which no longer serves your highest good. It is during this stage that you begin to understand the importance and power of vulnerability. You learn to be accountable for all your actions and dealings with others. You develop the most important level of integrity: your relationship with your Soul.

### **Six Life-Designation—Inner Peace**

As you progress into the final frontiers of the fifth Life-Designation, you'll begin to feel the nature of Inner Peace, the *Six Life-Designation*. This can only be attained on the basis that you are very conscience of your state of consciousness. When you attain true peace, you can feel the wind around you, even in a closed room. Being in peace reflects the nature of every cell in your body being in harmony with every other cell. Thus you become aware of your vibrational body and its consciousness. Gradually, you will begin to accurately understand it, increase your ability to communicate with your physical and ethereal bodies, and determine which environment best serves your body and presence.

There is a high probability that you will undergo a series of challenges to assure that you can sustain personal peace. Once a consistent level of confidence is demonstrated, you will feel empowered, and with that, you will resonate a new empowerment: bliss. A sense of bliss begins to vibrate within you as you also begin to radiate the Christed Consciousness from within.

### **Seventh Life-Designation—Freedom**

Freedom of Being best describes the *Seventh Life-Designation*. This form of empowerment prompts you to speak and express your truth in every moment. Your actions will not only be expressive, but you will also notice that they will be complete. Your past and future erode as living in the moment takes on a new vigor. You're not burdened to old thoughts or emotions. Expectations and attachments in the future also diminish. Without the past and future burdens, linear aspects of human life dwindle, and your consciousness enables you to be more creative and spontaneous.

As you sustain an ongoing nature of freedom, your wisdom becomes quite spontaneous indicating that your Spirit realms are intrinsically co-mingled with almost every aspect of your existence. Living this essence propels you into higher octaves of life. These vibrational frequencies of divination—reflective of Divine Consciousness—are in synchronization with Planetary Consciousness.

### **Eight Life-Designation—Divination**

The highest aspect of awakening awareness is your *Divination*, which actually is your *Eighth Life-Designation*. The attainment of your divination, in all probability, can not be fully understood until you have actually experienced

it. Other than for saints, a few avatars and prophets, not much has been available to be written about. Living in a state of divination, is characterized as a "Self-Actualized" or "Self-Realized" human existence, living fully in that state moment by moment. The term avatar is usually applied to this stage and can be seen as a spiritual-human experience. This capacity demonstrates that you see the highest good in all things, living and functioning freely in peace and beyond the restraints of society. Communing with deity and in partnership with energy and consciousness further explains this blissful state. It's best to let your imagination fly and enjoy all the possibilities that can be created in this existence.

Obviously, divination has a few prerequisites. To fully comprehend and have the wisdom to be free and in peace are paramount. This dictates the ability and awareness to be in a pure relationship with Self: true unconditional love. To attain such a state, you must undergo a thorough emotional cleanse and acknowledge a perfect coexistence with heart, mind, and body. To stimulate purification of heart, mind, and body, you can experience anchoring the Divine Spark within, at the subatomic levels of your Divine Blueprint, also known as your DNA.

It should be obvious that the EVOLUTION of Eight Life-Designations are sequential in that Spirit protects itself from creations not manifested in love. Doubts, hesitations, and fears are purged from you as you sojourn the life-designations into the higher realms of your consciousness. We have only scratched the surface with our explanations of life-designations. Your Soul has prepared a magnitude of possible experiences for you to attain for each life-designation.

The EVOLUTION is set forth. There are many tangents, challenges, and illusions to overcome. Your world of Spiritual expansion directs itself inward. The Light of the Creator is within and Beauty resides within the Eyes of your Divine Nature. In the end, there is only LOVE!

— Blessings,  
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## Outlined below are some of the characteristics of each Life-Designation:

### 1. Awakening (Transitioning) Awareness

- simply means conscious change
- inner passion to become self-aware of who you really are
- new feelings of self-satisfaction, where self-worth occurs
- a yearning for your true identity and purpose
- feeling a “breaking away” mode from the norm and mediocrity
- social conditioning begins to annoy you
- forces you to aligned to living-in-the-moment” your “Comfort Zone” becomes unstable even shattered
- all your relationships are examined
- lays the foundation and confidence to commit to internal change
- it’s a “Returning home” sensation of remembering your origins

### 2 Genetic Activation

- a great release is experienced
- a newer sense of “being” is realized
- a DNA Activation or another form of genetic awakening is experienced
- you declare yourself the Spirit-Child, the Divine Spark of Life within
- the Holy Grail, so to speak, is found and realized
- “society’s conditioning” are brought before you to discern
- every aspect of “Self” becomes more evident
- a life-long unfoldment process is launched

### 3. Emotional & Mental Purging

- a major purge of emotional and mental blocks occurs
- many believe systems which house self-destructive behaviors begin to dissolve
- inhibitions surface, situationally present themselves, and forces purging
- resolution of life issues becomes a paramount activity
- every incomplete subconscious script will be reviewed for elimination

### 4. Physical Cleansing

- the body rapidly begins to detoxify
- our self-destructive syndrome is reversed
- sometimes the body feels sick and drained
- process begins at the DNA level
- cellular cleansing will be ongoing
- cellular rejuvenation can be realized
- body functions more rhythmically

### 5. Relationships & Social Interactions

- your relationships are turned inside out
- your core belief system undergoes purging and refinement
- you examine your happiness and confront that which no longer serves your highest good
- you begin to understand the importance and power of vulnerability
- you learn to be accountable for all your actions

and dealings with others

- you develop the most important level of integrity: your relationship with your Soul.

### 6. Inner Peace

- you become very conscience of your state of consciousness
- you attain truer peace
- at the cellular level, your body feels in harmony
- you become aware of your vibrational body and its consciousness.
- you will begin to accurately understand your body
- you increase your ability to communicate with your physical and ethereal bodies
- better determine which environment best serves your body and presence.
- you will undergo a series of challenges to assure that you can sustain personal peace
- you will resonate a new empowerment as you begin to radiate Divine Consciousness from within

### 7. Freedom

- you to speak and express your truth in every moment
- your past and future erode as living in the moment takes on a new vigor
- you’re not burden to old thoughts or emotions
- expectations and attachments in the future also diminish
- your consciousness enables you to be more creative
- you sustain an ongoing nature of freedom
- your wisdom becomes spontaneous
- living this essence propels you into higher octaves of life
- your vibrational frequencies are in synchronization with Planetary Consciousness.

### 8. Divination

- can not be fully understood until you actually experienced it
- sometimes feels as if you are a saint or an avatar
- is characterized as a “Self-Actualized” or “Self-Realized” human existence
- living fully in a higher state of consciousness, moment by moment.
- you see highest good in all things, and beauty surrounds you
- living and functioning freely in peace beyond the restraints of society
- communing with deity, and feeling a blissful state
- in partnership with energy and consciousness
- fully comprehend and have the wisdom to be free and in peace
- have the ability and awareness to be in a pure relationship with your Higher Self
- consistently express, true unconditional love
- acknowledge a perfect coexistent with heart, mind, and body