

Conscious DNA: Mind Over Matter's Missing Link

by Dr. Robert V. Gerard

[Revised for the book "Divine Architect"]

Let us turn to a more controversial subject—physical vs psychological influences on DNA. We now know that the scientific community has devoted much attention to the mechanics of DNA. According to the Associated Press, Wednesday November 24, 1999, "Dr. Francis Collins, head of the National Human Genome Research Institute, said the 1 billion of the 3 billion chemical base pairs in the genetic pattern have now be identified, sequenced and published on a public data-base. Government-supported scientists have sequenced one-third of the human genetic pattern and are on schedule to complete and verify the entire biological blueprint by 2003." Needless to say, the mapping project has already be declared a complete success by President Clinton prior to the end of his term in office. At least 95% of the codons have now been identified which means that 80,000 to 100,000 genes have been mapped. Now that the physical DNA is substantially known, how will medical science and the pharmaceutical companies capitalize these findings? What implications are awaiting for us in the dark. Who will benefit from the billions of research dollars spent?

The psychological aspect, too, are unfolding. More information about "advanced children" being born with keener perception and wisdom, plus a radical increase in self-healings all lead to a potentially greater discovery that consciousness has accelerated. With the advent of more functional DNA, the social and psychological ramifications demand more attention. People are changing the way they perceive the world as well as themselves. People want answers.

While mind over matter remains a mystery to most , seventy-six percent of Americans believe in the power of prayer. This means that the majority of people on this planet communicate to the other side. According to Dr. Robert Gerard, whose investigative work on the psychological influences effecting our DNA, states "virtually everyone communicates to his or her body all the time." Dr. Gerard has taught thousands how to communicate to the body consciousness, specifically, at the DNA level. Using his techniques, people are learning how to perform healings for themselves and improve their lives. Several thousand case studies have been reported and well documented.

How does all this work? And what are the fundamental truths substantiating mind over matter? What really happens when we pray, talk to angels, and meditate?

Dr. Robert Gerard takes the position that INTENT expands consciousness. Intent is our dominant creative force. Intent influences the way we integrate into our society and the way we

can communicate with our body, more specifically, with our DNA. Recently on National Public Radio in New York, five astrophysicists from several prestigious Eastern universities agreed that we are on the brink of scientifically proving that consciousness causes or creates matter. This supports mathematical findings in the subtle energy field research of quantum physics. The "Hundredth Monkey" story proved that some kind of "influence" plays a major role in how things change. The biologist named Rupert Sheldrake called this "formative causation." The characteristics of *forms* and *behaviors* shape the physical, chemical, and biological systems that determine invisible organizing fields, which Sheldrake called *morphogenetic fields*. It's the invisible fields of INTENT that change our realities. Based on the DNA encoding, cells produce proteins that expand and rejuvenate the cell. Biogeneticists have captured proteins the project themselves through the walls of the cell and act as antennae for cellular stimulation. These proteins receptors can actually pick up the electron-magnetic frequencies transmitted from the brain. Invisible fields of Intent create thought-forms. Thought-forms produce particle waves which in turn produce sub-atomic and quantum level molecular structures. Deep in the human body, within you DNA, four of the tiniest molecular structures exist, called nitrogenous bases, sequence themselves to generate codons, which produce genes, which produce proteins: your inner architect, if you will. Bonding these bases together and to the DNA strands are hydrogen compounds that electrical in nature. The DNA within each cell is virtually an electrically charged system that can be electrically influenced.

There are several factors that influence your DNA: heredity, environment, medical/pharmaceutical, social, and according to Dr. Gerard, "our intent." He shared with me a very real scenario of how "intent" influences our DNA. From your heart, create the intent that you are going to feel better. Then he says: "Imagine this with as much emphasis as you can muster." Now, see this in your mind's eye until you can see a holographic picture of this sensation (feeling) in your brain. As this holographic picture intensifies, the pineal gland, which gets its source of energy from light, produces an adrenaline, norepinephrine. This neurohormone is found at the nerve impulse synapses that regulate the rate of flow of nerve current. The hypothalamus and pituitary glands becomes quite stimulated, and they begin to secrete endocrines that rapidly transmit electrical waves of energy subtle enough to be picked up by the cells in your body. The cells receive this communication which influences change within the DNA. It's a physical-psychological phenomena. Science is reluctant to explain a very medical fact that most woman who have had breast cancer have recovered faster when they maintain a positive attitude. The imagery empowered by electrical impulses trigger healing within the cells.

Dr. Gerard assure that universal communication is predicated on INTENT. From a human and spiritual level, the purer the intent, from deep within the *heart*, the more precise its manifestation. As we scramble to know more about our DNA, do we ever stop to realize the

perfection of the master design of the DNA within us? It's not a miracle, as Dr. Gerard coaches, "...it's truly about our own creative process."

According to Andrew Weil, M.D. author of the best seller, *Spontaneous Healing*, our DNA is a self-perpetuating healing machine with all the bells and whistles to keep the body healthy. It's a continuous process of expansion, rejuvenation, and protection. If I may be so bold to say: it's a God-like quality which we all have inside us. Did you know that there are over hundred trillion cells in our body and keeping them in perfect health and harmony is the job of our DNA? Perfection in every cell of our body is what we strive for and can attain.

Dr. Gerard reminds us to take a closer look at our own resources within, be accountable for our own health, and become healthier and more peaceful individuals. Do we take advantage of our intuition and understand our instincts? Are we ready to open our hearts and be guided by our impulses? Intuition, instincts, heart driven impulses contain answers to our life's concerns and issues. This is what the "new children" are bringing forth to us. They don't have the big rational answers, rather carry the simple feelings and expressions straight from God.

As you become more open and listen, you will begin to trust yourself and your feelings until you build a high state of confidence in yourself and the things you do. Permit your body to become a partner in your decision-making process. It enables the body consciousness to fully express itself physically, emotionally, intellectually, and spiritually.

As each of us moves toward our own enlightenment, we discipline ourselves accordingly day-by-day to assure that we are fully human and fully alive. We become less tolerant of trivia and the past, and more focused on living each moment in the NOW. As our physical, emotional, intellectual, and spiritual faculties become more balanced, our awareness of mind over matter become clearer. We will no longer wait for others to do our deeds, we are empowered to do them ourselves. We will soon realize that because of conscious DNA, every aspect of our being can be expressed. The real miracle lies within. It is trust. It is divine. It is ours.

Dr. Gerard is a lecturer and trainer, visionary healer, psychologist, and Spiritual Coach for executives. He has served the individual and industry well over thirty years in management, organizational psychology, and specializes in self-empowerment endeavors. Robert is the author of *Lady from Atlantis*, *The Corporate Mule*, *DNA Healing Techniques*, *Handling Verbal Confrontation: Take the Fear out of Facing Others*, and is currently touring and promoting his latest book. *Change Your DNA, Change Your Life!* Dr. Gerard offers workshops on Confronting Skills Training and DNA Activation and Healing Techniques. Provides an ongoing "Self-Empowerment" counseling and coaching practice, and Dr. Gerard is available for private sessions, lectures, and workshops worldwide.

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