



Abundance

The notion of abundance carries many faces. For most people, abundance means: plenty, richness, or a large quantity amount. The real concern about this notion is how you treat the abundance; as an event, which is a noun, or as a verb, which is a process. We often heard: “If I win the lottery...” and research tells us that most of those winners lose more in the long run, even become dysfunctional. Why? Because the winner did not have the proper behavior to deal with sudden wealth. Focusing on processing abundance appears to be vitally important to sustain abundance.

There are a few common folk laws associated with abundance. The favorite is from the Bible: “Ask, and you shall receive.” A very common quote is “Be careful of what you ask for because you might receive it.” Yet another: “The Universe will provide for you.” A problematic concern attached to these quotes must be clearly understood. The concern centers around the fact that the Universe, or God for that matter, does not differentiate between good and bad or positive and negative. So, if you ask for something, you’d better be clear on what you are seeking. Example: a person might ask to receive money to pay his monthly bills. Voila! The next month he gets extra money to pay his bills. Proudly, he tells his friend what happened. His friend says: why didn’t you ask to get money to pay for all your bills ...forever?”

When we think about abundance, best to not limit the thoughts. Treat abundance as a process, actually a never-ending process of receptivity. Sense that your mind, heart, and social character welcomes abundance that serves your Highest Good....all the time.

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